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| **Menu 2 - Week 1** | **Lunch** | **Tea** |
| Monday |  Butternut Squash and Vegetable Stew with Mash Potatoes **V**Fromage Frais Selection  | Crunchy Crispbread with Hummus or Cheese Slices **V** Sugar-Free Milkshake   |
| Tuesday  | Sweet and Sour Turkey & Vegetables or Quorn pieces **V** with Brown Rice Ice Cream | Tuna Sandwich Squares **P** or Cucumber, Banana bites **Vg**Pineapple Slices |
| Wednesday | Homemade Garlic Bread **Vg** Beef Cottage Pie with Garden Peasor Quorn pie **V**  | Carrot and Cucumber Batons **Vg**Cream Crackers and Soft Cheese **V GF**Banana Mousse |
| Thursday | Quorn **V** or Roast Chicken stir fry with Rice noodles **GF**Sugar free Jelly  | Buttered CrumpetsStrawberry or Apricot Fromage Frais |
| Friday | Pork Sausages with Sweet Potato Wedges and Broccoli or Vegetable Sausages **V**Warm Custard  | Toasted Triangles **GF**Toppings: Chicken, Ham  or Cheese **V**Fresh Whole/Semi-skimmed Milk |

**Key: Vg** = Vegan **V** = Vegetarian **P** = Pescatarian **GF** = Gluten Free available

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| **Menu 2 - Week 2** | **Lunch** | **Tea** |
| Monday | Chicken and Mushroom Pie with Mashor Vegetable & Quorn Pie with Mash **V**Strawberry or Apricot Fromage Frais | Griddled Crumpets Grapes and Orange slices |
| Tuesday |  Pitta Bread Pizza with variety of toppingsSugar Free Jelly |  Ham Sandwiches or Cheddar Cheese **V**Fromage Frais selection |
| Wednesday  | Broccoli Pasta Bake with Salad **V**Bananas and Custard  | Open Ham Crackers or Cheese **V**Sugar Free Milkshake  |
| Thursday  | Crispy Wraps with Homemade Dip **V**Chickpea and Potato Curry **Vg**with Brown Rice  | Thai Vegetable Noodles **GF**Melon Slices |
| Friday  |  Beef Spaghetti Bolognese or Quorn **V** with Cucumber SlicesFresh Fruit Platter | Filled Wraps: Cheese and Cucumber **V** or Ham and Tomato Mango Chunks  |

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| **Menu 2 - Week 3** | **Lunch** | **Tea** |
| Monday |  Jacket Potatoes with Beans and Cheese **V**Banana Mousse | Crackers with Cheddar Cheese **V**or Ham and Crackers **GF**Fresh Whole or Semi-skimmed Milk  |
| Tuesday  | Chicken or Quorn **V** Tagliatelle with Side of Sweetcorn & Mushroom Custard | Toasted Crumpets Warm Sliced Apples  |
| Wednesday | Mushroom/Vegetable Risotto **V** Homemade Fruit Cocktail  | Crispbread Crackers with Cucumber **V**Hummus or Ham Banana Mousse  |
| Thursday | Warm Pitta with Salsa **V**Roasted Cauliflower with Couscous and Sauce **Vg** | Selection of Sandwiches: Ham or Cheese **V**Melon Slices  |
| Friday | Fish P or Vegetable pie **V** Sugar Free Jelly  | Variety of Topped Rice Cakes **Vg** **V GF**Strawberry or Apricot Fromage Frais |

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| **Menu 2 - Week 4** | **Lunch** | **Tea** |
| Monday |  Hummus with Vegetable Batons **Vg**Vegetable Biriyani with Yoghurt **V** | Filled Crackers with Cheese Spread **V** **GF**Fruit Smoothies  |
| Tuesday  | Tomato Pasta Bake **V**Plain Fairy Cake | Cucumber or Cheese Finger Sandwiches **V** **GF**Fromage Frais Selection |
| Wednesday | Thai Chicken Curry or Vegetable Curry **Vg**with Rice Noodles **GF**Sugar Free Jelly  | Filled Wraps: Cheese **V**  Pepper and Sweetcorn **Vg**Grapes and Melon |
| Thursday | Garlic Pitta Bread **GF**Jacket Potatoes with Tuna Mayo **P**or Baked Beans **V** | Vegetables and Couscous **V**Cinnamon Custard |
| Friday | Lentil and Mushroom Lasagne **V**with a Side Salad Mango Sorbet | Toasties: Ham or Cheese **V**Sugar-Free Milkshake |

**Breakfast**: Cornflakes, Rice Krispies, Weetabix, Porridge or Wholemeal Toast. Fruit available

**Snacks**: Fruit & Vegetables with a Carbohydrate in the morning (Breadstick, Wrap, Pitta, Rice cake)